



CATERING MENU

Meal	A	B	C
Breakfast	Bread (toasted or plain) Oats, Corn flakes, All bran, Muslei, weetbix, Yoghurt, Sausages, fried egg, cheese fingers, cucumber, lettuce, tomato, juice, tea, coffee, bottled water	Bread (toasted or plain) Oats, corn flakes, All bran, Muslei, weetbix, Yoghurt, Chicken snizzle, scrambled egg, crated cheese, lettuce, cucumber, tomato, juice, tea, coffee, bottled water	Bread (toasted or plain) Oats, corn flakes, All bran, Muslei, weetbix, Yoghurt, fried egg, chicken livers, sliced cheese, lettuce, cucumber, tomato, coffee, tea, juice, bottled water
Lunch/Dinner	Savoury rice, pap, crumb chicken, braised steak and gravy, dutch beans, baked sweet pumpkin, coleslaw, greek salad, banana pudding with custard, bottled water, soft drink, juice, desert	Savoury spaghetti with cheese, pap, mutton stew, roast chicken, cabbage, baby carrot, beetroot salad, potato salad, trifle, juice, water, soft drink, desert	Marcaroni/parsely potato, pap, fried fish, beef stew, creamed spinach, butternut, mixed salad, broccoli salad, fruit cocktail with yoghurt, juice, bottled water, soft drink, desert